

New Dehli Challenges

1. Chopsticks Balance Relay

The challenges at this stop are helping you to prepare for going to Japan. In Ireland we use knives and forks to eat, but in Japan they use chopsticks! You'll need to eat when you're there, so getting used to using chopsticks it is important :)

Part A: First things first, learn to use chopsticks!

Show your students how to use chopsticks. Students will each get two of their own pens or pencils and follow the instructions below to practice using their chopsticks (pencils).

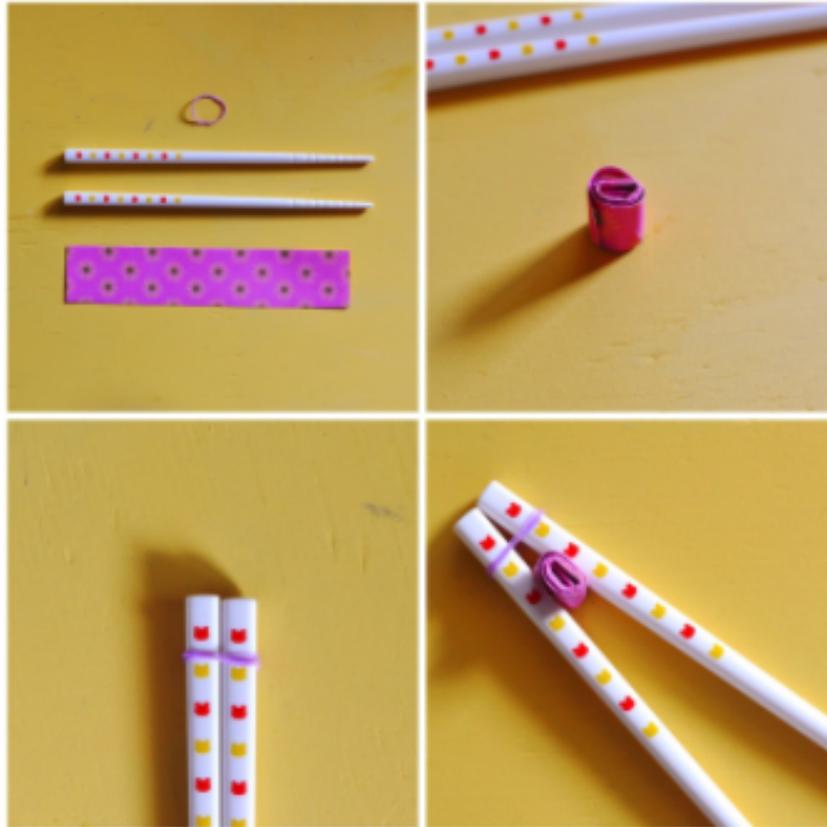
How to use Chopsticks



Hack for younger students to use chopsticks:

HOW TO TEACH KIDS TO USE CHOPSTICKS – WHAT YOU NEED

- Chopsticks – I used kids sized ones, but the disposable wooden ones are the right size for kids.
- A small elastic.
- A long strip of paper (again, the paper cover that disposable ones come in are a perfect size.)



AND ONTO THE ACTIVITY...

1. Make up your cheats chopsticks using the steps above.
2. Set out some cute little containers and felt balls if you have some, but you can really use anything you want. (kids will be naturally more interested in activities that are visually stimulating so pick cute ones if you can.)
3. Make sure the child has their fingers positioned right and ask them to sort the balls into the right containers, then sit back and try not to interfere. It doesn't matter if the balls go in the wrong colour or they cheat – the entire aim is to get them familiar with using chopsticks. If it's fun they will keep doing it, too many corrections will have the opposite effect.
4. When they have mastered the cheats chopsticks, you can take the elastic off and let them go for it. This process may take a while, like months! There's no rush. Just make it fun and they'll be rocking sushi train in style ASAP.



Part B: Now you're ready for the Chopstick Challenge Relay!

Set up and Equipment:

- An even amount of cotton balls for each team.
- 2 bowls per team.
- Divide students into small teams.
- Set of "chopsticks" (pencils) for each student.
- Place an empty bowl in front of each team.
- At the other end of the classroom (or hall) put a bowl with cotton balls.

How To Play

With students in small teams the students run to the bowl of cotton balls and using the chopsticks return the cotton ball to the team and drop the cotton ball into the bowl. Once the cotton ball goes into the bowl the next teammate continues the relay. The race ends when all the cotton balls are moved from one bowl to the next.



2. Mascot Challenge

Mascots are a big deal in Japan. Does anyone know what a mascot is?

(answer: A mascot is defined as “ any human, animal, or object thought to bring luck, or anything used to represent a group with a common public identity, such as a school, professional sports team.”)

There will be two mascots for the Tokyo Olympics and Paralympics called Miraitowa and Someity. Miraitowa is named after the Japanese words for "future" (未来, mirai) and "eternity" (永久, towa), and Someity is named after someiyoshino, a type of cherry blossom. Someity's name also echoes the English phrase "so mighty". The winning mascot designs were chosen by school children in Japan. Keep an eye for them when you're watching the Games this Summer!

Watch these videos about them [here](#).

[Miraitowa](#) (video) [Someity](#) (video)

Your challenge is to design a mascot for your Olympic School Challenge Team!! We want to see what you can create! You can draw, paint, or build your mascots.

The rules are as follows:

1. Use recycled/recyclable material. You can use common things you find in your classroom or home.
2. Give your mascot a name and back story.
3. Have a vote in your classroom to see who's mascot becomes your class-team's official Olympic School's Challenge mascot.

For a chance to win some prizes for your school:

Snap and send us what you create and you could win a prize for your school!

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